Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com





Tel: (021) 477 4080

OPENING HOURS: Mon - Fri 8.30am - 5.30pm. Sat 9am - 5pm. SPECIAL OFFERS











Oscar Madisons

7 MAIN ST, KINSALE

LIVE MUSIC
Saturday 20th September
PUC AR BUILE

@ 10.30pm

LIVE SOCCER

Saturday 20th September QPR v Stoke 12.45pm Aston Villa v Arsenal 3.00pm West Ham v Liverpool 5.30pm

Sunday 21st September Leicester City v Man Utd 1.30pm Man City v Chelsea 4.00pm

GAA FOOTBALL FINAL

Sunday 21st September Kerry v Donegal 3.30pm



All Sports Shown on our 5 HD Screens



Find us on Facebook



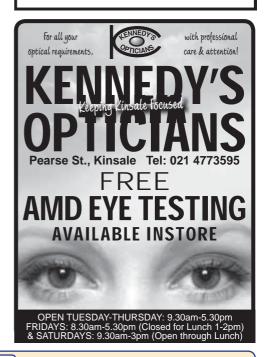


WE WANT YOU! KINSALE FORÓIGE YOUTH CLUB IS NOW OPEN EVERY MONDAY

from 22nd September 7:30pm - 9:00pm In St. Multose Hall

We are also looking for new volunteers that would be interested in volunteering some time (Volunteer Training Provided).

Please contact 085 167 8878 for more information.



Elite Pilates KINSALE

INTRODUCTORY OFFER 40% OFF FIRST 2 CLASSES WHEN YOU BOOK ONLINE

'NEW' AUTUMN TIMETABLE

MONDAY

9am REFORMER PILATES MAT L2/3 10am 11am PILATES MAT I 1

BEGINNERS BARRECONCEPT 4pm

REFORMER L1 6pm 7pm REFORMER L2

BEGINNER PILATES MAT 7pm 8pm BEGINNER REFORMER

8pm BARRECONCEPT

TUESDAY

9am BEGINNER REFORMER REFORMER L1 10am 11am 50+REFORMER REFORMER 7.30pm PILATES MAT L2 7.30pm

8.30pm REFORMER

WEDNESDAY

10am BARRECONCEPT 11am REFORMER

11am **MUMS & BUBS PILATES**

6pm REFORMER L2

7pm BEGINNER REFORMER

REFORMER L1 8pm

THURSDAY

RFFORMER 9am 10am 50+ REFORMER

BEGINNER REFORMER 11am REFORMER

7pm 8pm BARRECONCEPT

SATURDAY

BARRECONCEPT 8am 9am **REFORMER L1/2** 10am REFORMER L1







Antenatal classes starting soon!

www.elitepilates.ie Phone Trudy: 087 6106 285

All classes are held in Rogue Fitness, The Granary, Kinsale.







INTRODUCING THE NEW

KINSALE

HEALTH & WELLBEING CENTRE

Qualified Professional Therapists & Practitioners under one roof!



IACP, IAAAC, BSocSc.(Hons), H.Dip. **PSYCHOTHERAPIST & ADDICTION COUNSELLOR** 087 135 9198

> Counselling and Psychotherapy, Addiction Counselling.



Biodynamic Craniosacral Therapist

Geoff Caird B.C.S.T. 087 839 1973

Craniosacral Therapy makes you feel better'



Kinsale Health Therapies

Elaine Fitz Gibbon ITEC, CThA THERAPEUTIC HEALTH PRACTITIONER 086 819 9924

Deep Tissue/Therapeutic Massage, Reflexology, Pre-Natal Massage and Reflexology, Reiki Energy Healing, Accunect (Ancient Wisdom).



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Counselling, Psychotherapy and Supervision Services.



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Massage, Deep Tissue, Reflexology, Lymphatic Drainage Massage, Touch for Health Kinesiology, Aromatherapy, Reiki, Indian Head Massage, and The Jardin Secret Ritual Facial.



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Joanna Daly DC, MChiro, LRCC, NMT, BSc(Hons) CHIROPRACTOR 021 477 2445

EFFECTIVE IN THE TREATMENT OF: Back Aches & Pain, Neck Pain, Restricted Movement, Rib, Thorax & Upper Back Pain, Arm, Pregnancy etc.

FACIAL ACUPUNCTURE FACIAL REJUVENATION Ayurvedic Facial

Marion King Registered Physical Therapist, I.I.P.T. 087 7744676

Deep Tissue Massage, Physical Therapy, Reflexology. Register of Physical Therapists Ireland.



Craniosacral Therapy

Elma O'Sullivan CST-T MIACST Dip Phys **CRANIOSACRAL THERAPIST** 086 8126010

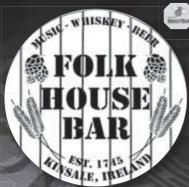
Craniosacral Therapy, General and Paediatrics.

Our therapists welcome you to contact them directly for more information or to book an appointment.

We look forward to seeing you soon! Flyers and cards available in centre.

OPEN DAY COMING SOON



















CHECK OUT OUR... WORLD BEERS MENU

Unrivalled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobgoblin Ale, London's Pride Ale. NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Bru Rua, Kinsale Lager.

Music Venue Guardwell, Kinsale T: 021 4772382 www.folkhousevenue.com

...ALSO UNRIVALED
WHISKEY SELECTION!
OVER 80 TO
CHOOSE FROM!
IRISH WHISKEY
TASTINGS AVAILABLE

FRI 19th SEPT

10.30pm

9.00pm

THE FRETS
Lively Duo playing from Trad to Jazz.

4 Piece Old School Rock and Roll

40.7

Member of the Ireland Whiskey Trail



SAT 20th SEPT 10.00pm

SUN 21st SEPT

KING K

5 Piece Rockin Covers

BIG SWINGING MIKEYS

3 Piece Folk/Rock Covers

(0)|| 1

NEW GIN MENU AVAILABLE Over 40 to choose from!

WED 24th SEPT 9.30pm

THUR 25th SEPT 9.30pm

2 Piece Folk/Bluegrass/Blue

FRI 26th SEPT

FANTASY JAM BAND
4 Piece Rockin Covers

SAT 27th SEPT

THE HOOTS

ALL PARTIES
ALL OCCASIONS
CATERING FROM 3 TO 300

ALL SPORTS SHOWN ON 2 BIG SCREENS

Badhus-Mohtdub

FRI 19th SEPT - DJ SEAN

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

SAT 20th SEPT - DJ SEAN

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

THUR 25th SEPT - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

WELCOME TO KINSALE ARTS FESTIVAL from all @ Blue Haven











LIVE MUSIC EVERY NIGHT

BREAKFAST from 7.30am, LUNCH from midday, FULL A LA CARTE until 10pm Aperitif Wine & Tapas Bar open every evening from 5.30pm

KINSALE ARTS FESTIVAL OFFERS FOR YOU TO ENJOY

EARLY BIRD MENU

2 course €21.95 & 3 course €23.95 available until 7pm

AFTERNOON TEA

from 2pm to 5pm for €12.95 per person (bookings advisable)

EXCLUSIVE VINTAGE WINES & CRAFT BEERS AVAILABLE

TEA/COFFEE & CAKE SPECIAL

@ Blue Haven Café & Old Bank House Café for only €4 from 4pm to 6pm

HAMLETS COCKTAIL SPECIAL 2 Cocktails for €10 from 7pm to 10pm

www.bluehavencollection.com

021-4772209/ email | info@bluehavenkinsale.cam Blue Haven Hotel 3/4 Pearse Street, Kinsale, Co Cork





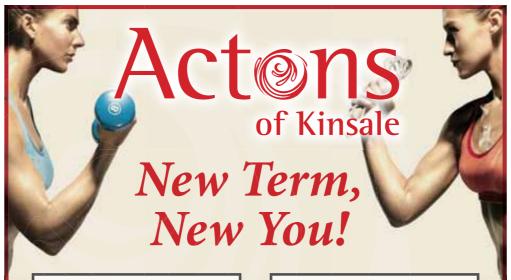












PERSONAL TRAINING

1hr sessions €15 (member) or €20 (non member)

or 6 Week Body Blast Programme €199

- · 2 personal training sessions per week
- 1 class per week
- All tailored to your ability
- · An initial consultation
- Nutritional advice
- · A closing consultation & future plan
- Use of facilities during 6 weeks

Outdoor Training Available

NUMBER OF DIFFERENT CLASSES AVAILABLE:

Reebok Cycle • Circuits Pilates • Aqua Aerobics

Swimming Lessons (Pool Restrictions)

Parent & Toddler

Contact the Leisure Club to book and for more information

MEMBERSHIP

With the kids going back to school now there is time for the Gym.

Various Membership options available to suit everyone.

3, 6 & 12 month memberships starting from €40 per month

FACILITIES INCLUDE:

15m Heated Swimming Pool • A Separate Toddler's Pool Sauna, Steam Room, Whirlpool Spa • Neck, Back and Body Jets around the Pool Technogym CV & Weight Equipment • Stretch Area / Aerobic Floor Area Personal Training

FREE PERSONALISED FITNESS ASSESSMENTS

For more info on any of the above please contact the Leisure Club on 021 477 2345



FITZGERALD — & PARTNERS

Registered Auditors & Accountants

No. 9 Pearse Street, Kinsale, Co. Cork Tel: 021 477 4500 Fax: 021 477 7374

ARE YOU READY FOR YOUR 2013 INCOME TAX RETURN?

We have worked with thousands of individuals over the last 15 years on their tax returns. By giving you a fixed, competitive price, we can take the worry away when it comes to self assessment tax returns; allowing you to concentrate on running your business.

The most common reasons that a tax return may be required are as follows:

- You are self employed or a partner in a partnership
- You are a company director
- You have rental property income
- You have large amounts of savings or investment income
- You have bought/received or sold shares
- You own land or property that is being let
- You have income from overseas
- You have sold or given an asset away (such as a holiday home or some shares)

If you want to make sure you are paying the right amount of tax, you should consult a professional.

At Fitzgerald & Partners Accountants we use Revenue approved software to:

- Complete your tax return
 Calculate your tax liability
 File the return online
 Liaise with you on the amounts to be paid and when they are due
 - We have an income tax questionnaire to make sure that we are claiming for all allowable deductions.

In addition, we can analyse your self assessment tax return to see if any tax savings can be made and we can also review the form to see if there are any anomalies that need to be addressed before the return is submitted. This process helps to minimise your risk of a Revenue enquiry into your tax affairs. If you are experiencing cashflow problems, we can explore the possibilities of deferring your tax payments or negotiating a payment plan with Revenue on your behalf.

We are a firm of SME business advisors and accountants with an experienced team and also work on International tax planning assignments.



www.fitzgeraldandpartners.com

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Registered to carry out audit work and authorised to carry on investment business by the Institute of Certified Public Accountants in Ireland

Wishing Kinsale Arts Festival every success.









Courtyard





Tel: 021 4770878

Walton Court, Oysterhaven Bay

Ireland Guide Café of the Year 2014

OYSTERHAVEN BAY® PRODUCE

SEAFOOD LUNCH SPECIALS

ORGANIC BREAD & CAKES FROM OUR BAKERY

SUPERB SOUPS & SANDWICHES

HOME GROWN SALADS & PRODUCE FROM OUR GARDENS

BEAUTIFUL COURTYARD RETREAT ON OYSTERHAVEN BAY®

AUTUMN OPENING HOURS Saturday & Sunday: 11am - 5pm

We now accept payment by Visa/MasterCard (over €10)
Check our seasonal opening hours Walton Court, Oysterhaven Bay









www.WaltonCourt.com www.OysterhavenBay.com





Guest Accommodation
4 Star AA Guesthouse

Best wishes to the Kinsale Arts Festival.

BREAKFAST SERVED

FOOD SERVED 12pm - 10pm Serving Fresh Seafood, Shellfish, Steaks & Lamb Dishes Delivered daily by local producers

~ LIVE MUSIC ~

Friday 19th September SHANE & FRIENDS Saturday 20th September

LIAM O
Tuesday 23rd September
LEON BUCKLEY 9pm

Wednesday 24th September BILLY CROSBIE & FRIENDS 9pm

Thursday 25th September SHANE & FRIENDS 9pm

~ LIVE SPORTS ~

Saturday 20th September

WEST HAM v LIVERPOOL 5.30pm

Sunday 21st September

GAA SENIOR FOOTBALL FINAL KERRY v DONEGAL 3.30pm

MAN CITY V CHELSEA 4pm
Sky SPORTS AT THE RACES

AA Rosette Award for Culinary Excellence 2006-2013 A Member of the Kinsale Good Food Circle

Your hosts The Frawley Family & Staff



Tel 021 477 2125 www.whitehousekinsale.je



Delicious home baked goods, tarts & much more. We make & bake everything ourselves every day! And remember... If you can't stay, you can takeaway!

> BREAKFAST ALL DAY Open 7 Days a Week: 8.30am to 5pm









CULTURE NIGHT KINSALE

St. Multose Church Friday 19th September 2014 7.30pm Admission Free

FEATURING LOCAL COMMUNITY ACTS



- 20m deck level swimming pool
- Childrens Pool
- Lane swimming
- Underwater & cannon iet hydrotherapy relaxation area
- Jacuzzi, Sauna & Steamroom
- State of the art gymnasium with cardiovascular fitness equipment, resistance & free weights, smiths machine, medicine balls, swiss balls, steps & ketttlebells
- C Club Swim Academy kids & adults, group & 1-2-1 lessons
- Open from 7am each morning

Membership Options: • Family • Couple • Over 55's • Student & Youth • Corporate 3 months From €190 6 months From €320

• Friendly, experienced staff • Stunning location • Free parking • Natural light and air • Member of Ireland Active

Call Shane today **021 470 6625**

Subject to Availability T&C's apply









Kinsale Positive Ageing Town 1st - 12th October



Wed 1st	11am	K-CORD CAFE "WE'LL MEET AGAIN" UN INTERNATIONAL DAY OF THE OLDER PERSON at Actons.
Wed 1st	2.30pm	AUTUMN TREATS COOKERY DEMO Haven Bay Care Centre.
Wed 1st	7pm	BUTTON JEWELLERY WORKSHOP Lemon Leaf Café.
Thur 2nd	11.30am	PAMPER MORNING Haven Bay Care Centre.
Thur 2nd	4.30pm	PRIMARY SCHOOL ART COMPETITION PRIZE GIVING Kinsale Tourist Office.
Thur 2nd	7pm	EXHIBITION OF FRED THOMPSON'S WORK The Boathouse Gallery.
Thur 2nd	8.30pm	KINSALE HISTORY SOCIETY PRESENTS "SEA FARERS OF KINSALE" BY TERRY CONNOLLY at Actons.
Fri 3rd	1.45pm	"LOOK BACK AND LAUGH" WITH EPISODES OF DAD'S ARMY in Kinsale Community School.
Fri 3rd	7.30pm	HAT ETIQUETTE DISPLAY AND TALK WITH CELESTINE OF HATTITUDE at The Lord Kingsale.
Sat 4th	11.30am	TALK BY SEAN O'BROIN "IRELAND 1890-1920" Kinsale Library.
Sun 5th	12pm	TAI CHI Town Park.
Mon 6th	11am-2pm	KINSALE AND DISTRICT ALTRUSA CLUB COFFEE MORNING, LUNCH & AFTERNOON TEA at Perryville Tea Room.
Tues 7th	10am	INTERGENERATIONAL MASS WITH THE STUDENTS OF KINSALE COMMUNITY SCHOOL In the Carmelite Friary.
Tues 7th	2.30pm	OLIVER LYNCH MEMORIAL AFTERNOON TEA DANCE Acton's Hotel.
Wed 8th	10.30am	DERMOT RYAN'S HERITAGE TOWN WALKS Tourist Office.
Wed 8th	10.30am	HEALTHY OPTIONS WALKERS Meet at The Trident.
Wed 8th	11am-12.30pm	K-CORD CAFÉ at The Friary Centre.
Wed 8th	2.30pm	MULTICULTURAL AFTERNOON (ramer's Court.
Wed 8th	7.30pm	CROCHET EXHIBITION WITH ANGELA SHANAHAN Salvis.
Thur 9th	11am	VISION EVENT FEATURING PAINTINGS BY FRED THOMPSON The Boathouse Gallery.
Thur 9th	2.30pm	YOGA WITH MARSHA The Friary Centre.
Thur 9th	8pm	POETRY EVENING Kinsale Bookshop.
Fri 10th	TBA	WORLD MENTAL HEALTH DAY MINDFULNESS TALK BY JASON COWELL Kinsale Community School.
Fri 10th	7.30pm	TABLE QUIZ The Lord Kingsale.
Sat 11th	2.30pm	CHARLES FORT GUIDED TALK Charles Fort.
Sat 11th	5pm	TRIBUTE TO DESMOND O'GRADY Hosted by Poet's Corner.
Sun 12th	3.30pm	TO THE MANOR BORN: A SUMPTUOUS AFTERNOON FEATURING DAN TWOMEY TENOR SOLOIST Ballinacurra House. Tickets €10 from The Boathouse Gallery (includes bus fare)

For further information contact Deirdre Mullins on 087 7991041





THIS WILL BE AN 8 WEEK JOURNEY OF SELF - DISCOVERY

in a supportive, friendly and non-judgemental environment covering the following topics:

- Assertiveness
- Self-confidence and well being
- Identifying patterns and themes in your life that may block you
- Improved communication with others
- · Dealing with conflict
- Self-awareness
- · Learn how to live more mindfully

Please note that this group is experiential and non-academic. No prior qualifications are needed. Places are limited.

Please contact 087 345 6597

or email ajourneyofselfdiscovery@outlook.ie to book your place.











Tel: 021 477 2847 www.crackpots.ie

Open Every Night at 6pm

Wonderful Great **A**mazing **TAPAS SEAFOOD IRISH STEAKS**

Rod Garfield BLUES LEGEND **PLAYING 2 NIGHTS ONLY** Fri 19th & Sat 20th Sept



He is the legend who has shared the stage and recorded with the like of Eric Clapton, Sonny Boy Williamson, John Lee Hooker, Louisianna Red, Champion Jack Dupree etc.

Ouoted as "The best white blues harmonica player in the world".

Join us and hear and meet the man himself.





KINSALE/SALON

MASSAGE • BEAUTY • HAIR & NAIL

BY ANIKA & SANDRA

Pearse Street, Kinsale

Gift Vouchers available • Salon open Monday to Saturday

Check out our price list on www.kinsalebeautysalon.com
Phone us on 087 783 9626 to book an appointment.

ALL TYPES OF NAILS

GEL/ACRYLIC • 2 WEEK GEL • NAIL ART • PEDICURES • MANICURES

AUTUMN SPECIAL OFFER

Back Massage (30 minutes) _____ONLY €20

Multi-Vitamin Full Body Massage Ladies €45 Gents €50 (90 minutes)

Deep Tissue Massage (90 minutes) ___Ladies €45 Gents €50

Swedish Massage (90 minutes)_____ Ladies €45 Gents €50

Sports Massage (90 minutes) _____ Ladies €45 Gents €50

Golfers Massage (90 minutes) _____Ladies €45 Gents €50

NOW AVAILABLE - OUR NEW...STATE OF THE ART... ERGOLINE STAND UP SUN ROOM

Achieve that perfect all over tan in a matter of minutes!!!!

NEW TO THE KINSALE SALON The "Revolutionary" IPL+RF

(Intense Pulsed Light and Radio Frequency)

IPL is very effective in Permanent Hair Removal and also for treating broken capillaries (spider veins) and age spots. IPL also stimulates the production of collagen, which plumps up the skin - therefore helping diminish fine lines & wrinkles.

GREEN DAY

SUNDAY 28th SEPTEMBER 2014 RIARY HALL & KINSALE COLLEGE

Join Transition Town Kinsale (TTK) & Kinsale Arts Festival & explore the accessibility & freshness of local fruits & vegetables plus a range of tantalising food & gardening topics/demos.

FRIARY CENTRE

2.00pm DR. COLIN SAGE

UCC/Chairman of Cork Food Council

"Alternative visions for our future food systems"

2.30pm JOHN BRENNAN

"GMO: The issue of Genetically Modified Organisms"

3.30pm MAGS COUGHLAN

Ballymaloe Head Gardener

"Garden to table"

KINSALE COLLEGE

4.00pm Meet inspiring local organic farmer
AMI PINDER and herbalist
NIAMH GEOGHEGAN, who will do a
guided walk through the college's
permaculture features exploring their
passion for organic vegetables, herbs
and wild food.

Green Day is sure to be fun for all ages as well as provide an educational experience of how we can together sculpt a sustainable future.



ADMISSION FREE



www.transitiontownkinsale.com

REBEL BOOT CAMP HOLD

4 GUARDWELL, KINSALE

Fully qualified and insured trainer with 20 years industry experience.

Very competitive rates.

SEPTEMBER SPECIAL OFFERS

- 6 Personal Training sessions €200
- 12 Personal Training sessions €375
- 5 week Body Blast Programme €250

which includes 2 bootcamp sessions and 1 Personal Training session per week with continuous nutrition support.

7 DAY KICK START MEAL PLAN INCLUDED WITH ALL THE ABOVE OFFERS.

Ideal for getting started with a healthy plan, aiming for a goal or getting the most from your training programme.

Can also be bought as a voucher for you to start at a later date or for a loved one.

Small group and half hour training sessions also available.

Contact Mark Keohane by email info@rebelbootcamp.ie or call/text 086 880 9542





September @ Hamlets



- DELICIOUS FOOD MENU
 Available from 12 midday 7 days a week
- LIVE DJS EVERY WEEKEND
 Friday: DJ Rayz Saturday: DJ Niall
 Sunday: 96fm's DJ Ken Perrott
- PIZZA & WINE NIGHTS
 Delicious pizza & a bottle of wine for only €20

 Available Sunday to Thursday from 6pm
- ALL YOUR FAVOURITE CRAFT BEERS
 and a great selection of beers on draft
 including Heineken, Carlsberg, Budweiser, Peroni,
 Kinsale Pale Ale, Carling, Bulmers Light & more.
- COCKTAIL SPECIAL 2 COCKTAILS FOR €10
 Every weekend from 7pm to 10pm

Hamlets - The perfect place to enjoy with friends and family.



info@hamletsofkinsale.com 021 4772209 www.hamletsofkinsale.com The Glen, Kinsale, Co. Cork

FAMILIA

"We'll Meet Again"

hosted by

Positive Ageing Week & K-C®RD

Join us in Actons Hotel for our Café: Wednesday 1st October (11.00am - 12.30pm) where we will be singing songs which bring back memories of World War Land World War II.

We are creating a collection of local stories to share on the day - if your have one you would like to share or any memorabilia please ring Liz at 4709700 or email info@kcord.ie.



The 38th Kinsale Gourmet Festival



FRIDAY 10th OCT - 3pm

"Cork Heat" of the All Ireland Chowder Cook Off

(Sponsored by Clona)

Free of charge Actons Hotel

10 of Cork's top chefs will compete to represent the County at the 5th All Ireland Chowder Cook Off 2015

FRIDAY 10th OCT - 6.30pm

BOOK NOW!

SOLD OUT

Festival Opening with MC Derek Davis

Tickets €55 White Lady Hotel

Champagne Reception sponsored by Laurent Perrier with Canapés from Kinsale Good Food Circle.

Followed by a 5 course Taste of West Cork Dinner in a GFC restaurant of your choice.

SATURDAY 11th OCT - 11.30am

Mad Hatters Taste of Kinsale

Tickets €90 Actons Hotel

Join Alice, The Mad Hatter, The March Hare and Dormouse for an escorted food tour around the 10 members of Kinsale's Good Food Circle restaurants with support from Cork County Council, Haven Shellfish, P. O'Connell Meats, Pallas Foods.

All accompanied by fine wines, beers and water from our gracious festival sponsors, Barry & Fitzwilliam, Blacks Brewery Kinsale, C&C Gleesons, Christys Wines & Spirits, Findlaters, Longueville Wines, Stonewell Cider and Tindal.

Mad Hat sponsor: Hattitude

SUNDAY 12th OCT - 1pm

Fruits de Mer Luncheon

(Sponsored by Bewley's, Pallas Foods & Tipperary Water)
Tickets €75 Actons Hotel

Take your seat for a superb afternoon with MC Derek Davis.

Enjoy a mouth watering four course lunch to include lobster, crab, prawns etc, accompanied by delicious wines from Christys Wines & Spirits and Karwig.

Tel: 021 4773571 www.kinsalerestaurants.com www.facebook.com/Good.Food.Circle









at



Explore and enjoy the 'Now Wakes the Sea' exhibition with curator Tessa Fitzjohn and Deirdre Mullins.

Monday 22nd September, 2pm-3.30pm At The Temperance Hall, Kinsale

Light refreshments will be served.

This is a free event but with limited places. For more information and to book phone Liz at 021 4709700

Vision is Inspired by 'Meet Me at MOMA' (Museum of Modern Art, New York) & 'The Azure Project' (Butler's Gallery, Kilkenny).



Kinsale & District NEWSLETTER

Deadline for inclusion in the Autumn Issue
Monday 22nd September at 12 noon

Email high res/large images to info@kinsalenewsletter.com Please include all details, contact name and number.

Tel: 021 477 4313

WHAT'S ON IN KINSALE & DISTRICT



KINSALE **HOCKEY CLUB**

REGISTRATION DAY

Friday 19th September, 3pm-5pm Saile Community Centre

1st HOCKEY COACHING SESSION Friday 26th September New starting time 3pm

If you can spare one hour per week to help out in this young vibrant club then please call or text Leonietje at 087 1200753 www.kinsalehockevclub.com

Bulman Bar

& Toddies Restaurant

T: 021 477 2131 www.thebulman.ie

Saturday 20th September

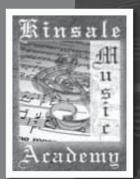
KARMA PARKING 10pm

LUNCH SERVED 7 DAYS 12.30pm to 5pm

EVENINGS - RESTAURANT & BAR FOOD Tuesdays to Saturdays 6pm to 9pm



KINSALE MUSIC ACADEMY



YOUTH CHOIR

Thursdays 4.30pm - Kinsale Community School

Ages 8 - 15: Open to anyone with an interest in singing. All aspects of singing are taught and developed in a friendly group setting, covering a wide range of styles.

'LITTLE MAESTRO' BEGINNERS CLASS

Wednesdays 2.30pm - Kinsale Community School

Ages 4 -6: A pre-instrumental class which introduces young children to music. A fun, easy approach to learning music interactively through songs and games.



Follow us on Facebook and Twitter to stay updated! For more information contact:

Tel: 087 3579000 Email: info@kinsalemusicacademy.com









Tel: 477 2436 | www.thespaniard.ie

Friday 19th September
JUG A PUNCH 10pm
Saturday 20th September
FOR FOLK SAKE 10pm

Sunday 21st September SKELLIG 7pm - 9pm Wednesday 24th September SKELLIG 9pm - late

Food Served All Day Friday - Sunday Restaurant Open 7 Days Fantastic New Menu

Now Serving Roast of the Day

~ Private Parties Catered For ~ Call 021 4772436 for details.

Daltons Bar

Market St, Kinsale. Tel: 021 477 7957

Traditional Irish Music & Ballads

Monday, Tuesday & Thursday



SPEECH & ACTING ACADEMY

Venue: St. Multose Hall, Kinsale

MONDAYS 6.00 - 7.00pm 4-7 years.

TUESDAYS 4.30 - 5.30pm 4-7 years.

5.30 - 6.30pm 8-12 years. 6.30-7.30pm 12-16 yrs. Youth Theatre

Contact: Ann Marie Lewis 087 975 5764

Looking for a job? Any job? Or your...



We offer a one-to-one professional service that puts you back in control. It is FREE, it is confidential and it has succeeded in putting many people back on the path to employment.

We have a proven track record of recruiting the right people for our employers - such as hotels, call centres, retail outlets, IT companies and many more.

CALL FOR A NO OBLIGATION APPOINTMENT: Isabelle Sutton (Kinsale): 086 600 7964 Email: isabelle.ewc@gmail.com

Darren Priest (Bandon): 086 810 1795 Email: darrenpriest.ewc@gmail.com

Employ Ability Service



Government Funded and Eligibility Criteria applies

SILENT BANJO

Main Street, Kinsale
Friday 19th September 10.30pm

INDIGO

Saturday 20th September 10.30pm

KING K

Sunday 21st September 8.30pm

RAMBLING WEAVERS

Märket Garden

Pearse St., Kinsale.



General Grocery Specialising in Fresh Fruit & Vegetables Open: Monday - Saturday 8.30am to 5.30pm

WHAT'S ON IN KINSALE & DISTRICT

pëckled Door

Old Head, Kinsale.

T: 021 477 8243 www.speckleddoor.com

Spectacular Views of Kinsale Harbour

from bar, restaurant, patio & beer garden!

10 minutes drive from Kinsale

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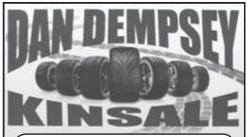
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HARBOUR CRUISE Departure Beyond Actors Hotel on board 'Spirit of Kinsale'



SEPTEMBER TIMES

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Kinsale Arts Festival Friday 19th - Sunday 28th September

FRI 19th SEPTEMBER

ARMADA BAR:

Live Music.

BACCHUS NIGHTCLUB:

DJ Sean, 11.30pm.

BLUE HAVEN:

King K.

CRACKPOTS:

Blues legend Rod Garfield.

CULTURE NIGHT KINSALE:

Local community acts at St. Multose Church, 7.30pm.

DON & BARRY'S HISTORIC STROLL

The Tourist Office

9.15am, 11.15am.

FOLKHOUSE: The Frets, 10.30pm.

HAMLETS:

DJ Rayz.

HARBOUR CRUISE:

2pm & 3pm.
Departs beyond Actons.

HERITAGE TOWN WALKS:

10.30am from the

Tourist Office. Also by appointment.

KINSALE ARTS FESTIVAL:

Opening night. Runs until

28th September.
KINSALE HOCKEY CLUB:

Registration Day at Saile Community Centre,

3pm - 5pm

SILENT BANJO:

Indigo, 10.30pm.

SPANIARD:

Jug A Punch, 10pm.

WHITE HOUSE:

Shane & Friends

SAT 20th SEPTEMBER

ACTONS

Billy Crosbie & Friends, 9pm.

ARMADA BAR:

The Sea Captains.

BACCHUS NIGHTCLUB:

BACCHUS NIGHICLUI

DJ Sean, 10.30pm.

BANDON CO-OP:

Autumn Garden Demo Day, 11am in Bandon,

2.30pm in Kinsale.

BLUE HAVEN:

Cadillac Cats. BULMAN:

Karma Parkings, 10pm.

CRACKPOTS:

Blues legend

Rod Garfield.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office

9.15am, 11.15am.

FOLKHOUSE:

The Houndogs, 10pm. **HAMIFTS:** D.I. Niall

HARBOUR CRUISE

2pm, 3pm & 4pm.

Departs beyond Actons.

HERITAGE TOWN WALKS:

10 30am from the

Tourist Office. Also by

appointment.

LORD KINGSALE:

Fva and Lee.

OSCAR MADISONS:

Puc Ar Buile, 10,30pm.

SILENT BANJO:

King K, 10.30pm.

SPANIARD:

For Folk Sake, 10pm.

WHARF TAVERN AT

THE TRIDENT:

The Long Note

WHITE HOUSE:

Liam O.

SUN 21st SEPTEMBER ARMADA BAR:

All Sounds.

BLUE HAVEN:

Darren & Friends.

DON & BARRY'S

DON & DAKKT 3

HISTORIC STROLL:

The Tourist Office, 11.15am.

FOLKHOUSE:

Kina K. 9pm.

HAMLETS:

D.J.Ken Perrott from 96fm.

HARBOUR CRUISE:

2pm, 3pm & 4pm.

Departs beyond Actons.

HERITAGE TOWN WALKS:

10 00 and from the

10.30am from the

Tourist Office. Also by

appointment.

SILENT BANJO:

Rambling Weavers,

8.30pm. SPANIARD:

Skellia. 7pm - 9pm.

MON 22nd SEPTEMBER

ARMADA BAR:

Bobby & Eileen.

BLUE HAVEN: Arundo & Irish

Dancers, 9pm.

DALTONS BAR:

Traditional Irish Music.

DON & BARRY'S

HISTORIC STROLL:
The Tourist Office

9.15am, 11.15am.

FORÓIGE YOUTH CLUB:

St. Multose Hall,

7.30pm - 9pm.,

HARBOUR CRUISE:

2pm & 3pm.

Departs beyond Actons. **HERITAGE TOWN WALKS:**

10.30am from the

Tourist Office. Also by

appointment. K-CORD:

Vision at Kinsale Arts Festival.

"Now wakes the sea" exhibition at Temperance

Hall. 2pm - 3,30pm.

KINSALE VOICES:

Café Blue at Blue Haven

Hotel, 7.30pm - 9.3pm. 5 week Autumn Term starts

TUES 23rd SEPTEMBER

ARMADA BAR:

The Merry Stems, 7.30pm.

BLUE HAVEN:

Sonnie & Friends, 9pm.

DALTONS BAR:

Trad.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office 9.15am, 11.15am,

HARBOUR CRUISE:

2pm & 3pm.

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HERITAGE TOWN WALKS: 10.30am from the

Tourist Office. Also by appointment.

KINSALE BRIDGE CLUB: Trident Hotel, 7.30pm.

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KINSALE & DOCK
ROWING CLUB:

The Dock Slip from 6.30pm.

WHITE HOUSE:

Leon Buckley, 9pm.

WED 24th SEPTEMBER

ARMADA BAR:

The Merry Stems, 7,30pm.

BLUE HAVEN:

Niall McCabe, 9pm.

DON & BARRY'S

HISTORIC STROLL

The Tourist Office

9.15am. 11.15am.

FOLKHOUSE:

Big Swinging Mikeys,

9.30pm. HARBOUR CRUISE:

2pm & 3pm.

Departs beyond Actons.

HERITAGE TOWN WALKS:

10.30am from the

Tourist Office. Also by

appointment.
KINSALE & DOCK

ROWING CLUB:

The Dock Slip from 6.30pm.

SPANIARD:

Skellig, 9pm.

WHITE HOUSE: Billy Crosbie & Friends, 9pm.

THUR 25th SEPTEMBER

ARMADA BAR:

The Ferrymen, 8pm.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN: Arundo & Irish

Dancers, 9pm.

DALTONS BAR: Trad.

DON & BARRY'S

HISTORIC STROLL:

The Tourist Office 9.15am, 11.15am,

FOLKHOUSE:

FOLKHOUSE:

Jawbone, 9.30pm. HARBOUR CRUISE:

2pm & 3pm.

Departs beyond Actons. **HERITAGE TOWN WALKS:**

10.30am from the Tourist Office. Also by

appointment.
KINSALE & DOCK

ROWING CLUB: The Dock Slip from 6.30pm.

WHITE HOUSE: Shane & Friends, 9pm.



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